



National Coaching Framework

Triathlon in Australia has a proud history of excellence from community participation to elite performance. Excellence in any sport requires excellence in coaching. Quality coaches have a huge impact on our triathlon communities, they spend time with triathletes, young and old, and have a positive influence on the life and values of those they come into contact with. The role of the coach is fundamental to the success of all triathletes at every level.

Coaching is a rich and rewarding experience helping others develop and achieve their personal triathlon challenges.

There are a variety of reasons people get involved in coaching, from parents wanting to help out with their child’s triathlon club, or an experienced athlete looking to give something back to the sport they enjoy.

Triathlon Australia offer a range of accreditations and professional development opportunities to suit any aspiring coach.



COACHING LEVEL	TARGET TRIATHLETE POPULATION	PREREQUISITIES*	LEARNING STRATEGY
 FOUNDATION COACH	Coaches supporting skill development of triathletes under the direction & supervision of a higher accredited triathlon coach.	Must be a minimum of 16 years of age. Hold relevant Child Protection registration	On line course work Face to face course including practical coaching assessments
 DEVELOPMENT COACH	Coaches supporting skill development of triathletes in preparation for triathlon competition.	Experienced Accredited Foundation Coach Must be a minimum of 18 years of age. Hold relevant Child Protection registration	On line course work Face to face course including practical coaching assessments
 PERFORMANCE COACH	Coaches supporting performance development of triathletes in preparation for triathlon competition.	Experienced Accredited Development Coach Hold relevant Child Protection registration	On line course work Face to face course including practical coaching experience
 HIGH PERFORMANCE COACH	Coaches supporting elite performance of triathletes specifically targeting success in elite level international competitions.	Targeted Accredited Performance Coach Targeted coaches are invited to participate in a bespoke coach development opportunities.	Targeted coach development Mentoring through National High Performance Program

* All coaches must hold a current Triathlon Australia coach membership