



**Requirement**

**When**

**How**

**Online Requirements**

<input type="checkbox"/>	RAS Squad Induction	Refer to RAS	Refer to RAS
<input type="checkbox"/>	Drivers Licence OR L's Test	September 21st	Email to program Manager

**Sport Integrity Australia Requirements**

<input type="checkbox"/>	Anti-Doping Fundamentals Course	Before Athletes First BPS Race	Email to program Manager
<input type="checkbox"/>	Annual Update 2023 (must complete Anti-Doping Fundamentals first)	Before Athletes First BPS Race	Email to program Manager
<input type="checkbox"/>	Competition Manipulation and Sports Betting	December 31st	Email to program Manager
<input type="checkbox"/>	Clean Sport 101	December 31st	Email to program Manager
<input type="checkbox"/>	Introduction to Illicit Drugs in Sport	December 31st	Email to program Manager
<input type="checkbox"/>	Decision Making in Sport	Before Athletes First BPS Race	Email to program Manager

**Time Trials**

<input type="checkbox"/>	400 metre swim time	August 11th	In Application
<input type="checkbox"/>	1500 run time	August 11th	In Application

**Bike Skills**

<input type="checkbox"/>	Draft Legal	Before Athletes First BPS DL Race	Home coach or Camp
<input type="checkbox"/>	Bike Skills Course completed without fail	Before Athletes First BPS DL Race	Home coach or Camp
<input type="checkbox"/>	Cycle skills assessment - CAS1, CAS2, CAS3	Before Athletes First BPS DL Race	Home coach or Camp
<input type="checkbox"/>	Bicycle Skills Test (Roller Step Test)	During program	Home coach or Camp

**Health**

<input type="checkbox"/>	Functional Movement Screening	Refer to RAS	Refer to RAS
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**Camp**

<input type="checkbox"/>	Refer to RAS	Refer to RAS	Refer to RAS
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