



TRIATHLON NT

AGE GROUP UPDATE 12/13

RESPECT | HEALTH | ENJOYMENT | BELONGING | ACHIEVEMENT



SPONSORSHIP

INVESTING IN TERRITORY TRIATHLON

Triathlon NT are looking for commercial partnership for a number of initiatives they are undertaking over the next few years, and would like expressions of interest from any business or individuals who want to invest in the future of triathlon in the Territory. The two opportunities are:

Junior Development Program.

Triathlon NT have been running the Junior Development Program for the past 9 months and it has already been recognised at a National and Territory Level as an exemplary model for junior development; with the Australia Institute of Sport, Australian Sports Commission, Triathlon Australia and the Northern Territory Institute of Sport all recognising its incredible potential.

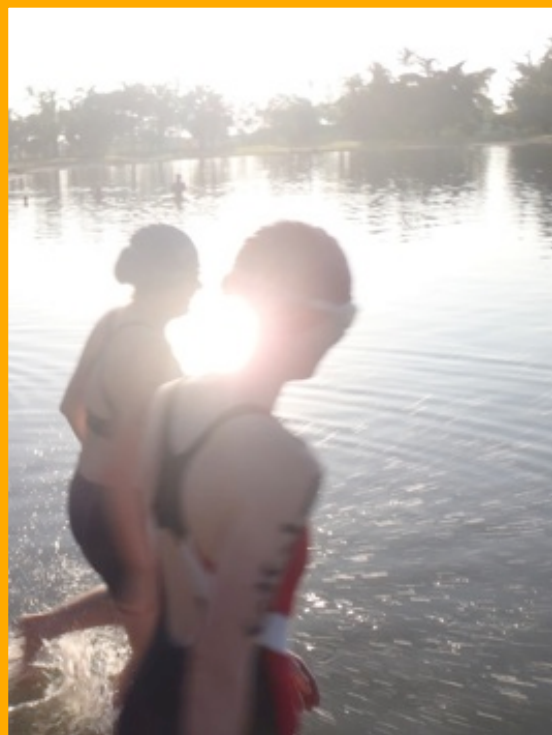
To be part of the Program this early at its inception, provides sponsors with a unique opportunity to tailor-make a commercial partnership to develop your brand with the rising triathlon stars of the future.

Darwin Long Course, 2014

Triathlon NT have recently set up a dedicated Events Committee who have been tasked with delivering a unique Long Course Championship event in Darwin in 2014. The event will give the participants a taste of the Top End, and a real alternative to larger, mass produced Long Course events. The vision for the race is grow it year-on-year to become an iconic Top End triathlon weekend, with all profits being invested directly back into the Territory triathlon community.

If you are interested in providing sponsorship for either of these initiatives, and would like some more information in regards to the brand exposure these opportunities can offer, please contact Anna Goat: 0477 036 350 | eotriathlonnt@gmail.com

EVENTS



Ray White
Darwin

TRIATHLON NT PRESENTS

RAY WHITE DARWIN NT SPRINT CHAMPIONSHIPS

750m swim | 26km bike | 5km run

SUNDAY, 6 APRIL 2014
Lake Alexander, Darwin

Individual | Teams

OPEN TO NON-TA MEMBERS SO BRING YOUR FRIENDS AND FAMILY!



For entry opening dates follow us on Facebook and Twitter



Applied Nutrition Seminar Sunday 2 February 2014

Confused about how much to eat, when to eat or just what to eat for training and racing?

Nutrition is as important to your recovery as sleep, so getting it right is vital. Utilising the most up-to-date nutrition research from the Australia Institute of Sport, this seminar will empower you to understand your individual nutrition requirements, how to measure the nutritional content of the food you eat, and how to adapt your needs during the changes phases of your training and racing.

Cost: Free (Alice Springs and Darwin Triathlon Club members only)

Location: NTIS Conference Room, Marrara.

Time: 10am - 1pm

Registration: Limited places, booking essential - email eotriathlonnt@gmail.com

NEWS

Draft Legal Super Sprint Event

Here at Triathlon NT we want to give you a wide variety of event formats, and this is why we are looking to host an Age-Group draft legal race in conjunction with the NT Junior Championships on April 5, 2014.

At present, the Triathlon Australia rules do not include this format of racing for individuals, but we are working with Triathlon Australia to have the rules updated, so watch this space! The event will use an ITU set up, made up of 3 short, sharp races: 2 x (150m swim / 2.5km bike / 200m run) and a final of 300m swim / 5km bike / 400m run. Progression through to the final is points based.

This event will be open to anyone 11+ who has completed their draft legal cycling accreditation. To gain this accreditation you can either:

- Attend 5 x Friday night cycle skills sessions at Darwin velodrome (5:45pm registration for 6pm start) OR
- Attend a 1.5 hours cycle skills session that Triathlon NT will provide in Feb / March.

For more information about cycle skill accreditation contact Tim Ellison: ntjuniordevelopment@gmail.com | 0437 602 346



Keep in touch

We want to keep you up to date with all our news, events and programs.

WEBSITE: (triathlon.org.au/NT) committee, membership, events, juniors, age-group information.

FACEBOOK: (Triathlon Northern Territory) news, updates, event registration opening dates.

TWITTER (@triathlonnt) event updates.

NEWSLETTER: These come out every 2 months, so make sure we have your correct email.



Our Values

RESPECT | HEALTH | ENJOYMENT | BELONGING | ACHIEVEMENT

Triathlon Australia and all State and Territory Triathlon Associations, including Triathlon NT, have the same five key values: Respect, Health, Enjoyment, Belonging and Achievement which are at the core of everything we do.

Here at Triathlon NT we would love to share your triathlon 'values' stories that show these values in action. These can be personal stories, stories of how you have seen these values in action at your club or an event, or just how you think triathlon embodies these values.

Email your stories to eotriathlonnt@gmail.com

TRIATHLON NT STAFF



ANNA GOAT
EXECUTIVE DIRECTOR, NT

Anna Goat is the Triathlon NT Territory Director, managing and implementing our procedures, policies and programs under the guidance of the Triathlon NT Committee.

Anna is part of the high-collaborative group of State and Territory Directors and Triathlon Australia CEO who discuss all national and state / territory issues, programs and initiatives on a monthly basis.

0477 360 035

eotriathlonnt@gmail.com



TIM ELLISON
MANAGER - ATHLETE DEVELOPMENT

Tim Ellison develops, manages and implements our Junior and Coach Development program, Junior Participation program and Age Group education program.

With contacts with the best sports coaches and facilities in the NT, Tim is able to deliver Junior / Age Group and Coach Development that has been described by Wayne Goldsmith (Head Coach, TA) as the "best development program I have seen in all my years of coaching".

0437 602 346

ntjuniordevelopment@gmail.com



TONY KNOTT
JUNIOR DEVELOPMENT - ALICE

Tony Knott is our Junior Development Officer in Alice Springs. He works at St Phillips School and has been developed as a Junior Coach in our Coach Development Program.

He delivers our Junior participation program in Alice Springs and mentors the Alice Springs Junior Development Camp attendees from Alice Springs.

0402 122 584

ntjuniordevelopment@gmail.com



ADELE BUTLER
MANAGER - TECHNICAL PROGRAM

Adele Butler is a highly experienced Level 2 Technical Official with extensive knowledge and field of play experience in ITU, Ironman and various distance events.

Adele develops, manages and implements the Technical Official Development Program throughout the NT, and is able to provide up to the minute advice on all race format rules and regulations.

0477 360 035

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