



# **SELECTION POLICY**

# Triathlon NSW / Triathlon ACT Development Pathway

1<sup>st</sup> July 2021 – 30th June 2022

TNSW / TACT U23 Development Squad

TNSW / TACT Emerging Talent Squad

Rest of State Talent Academy (ROSTA)

TACT Talent Academy (TACTTA)

Regional Academy of Sport inc. (RASi)

#### A. INTRODUCTION

- This Policy details the process and criteria by which Triathlon NSW and Triathlon ACT determines the members for the TNSW / TACT Under 23 Development Squad (U23), TNSW / TACT Emerging Talent Squad (ETS), Rest of State Talent Academy (ROSTA) and TACT Talent Academy (TACTTA) for the 2021-2022 season.
- 2. The Policy also provides Regional Academy of Sport (RASi) Programs operating under a Memorandum of Understanding (MOU) to implement this policy for their selection committee to determination the members within their respective RASi program(s).
- 3. If a selected member withdraws, is withdrawn or is declared unfit to continue as a member of any Squad, the Selection Committee may replace that member with a further selection at any time during the season, however discretion is absolute and need not be exercised.
- 4. This Policy can be amended at any time by TNSW / TACT if an amendment is necessary because of any change in the Development Pathway guidelines, or to give effect to the Policy following discovery of a drafting error or oversight, or for any other reason determined to be in the best interests of TNSW / TACT. TNSW / TACT shall not be responsible or liable in any way as a result of any such amendment.
- 5. It is the athlete's responsibility to read and understand this Policy (and other supporting documents and/or policies).

If an athlete, accredited Triathlon Coach or parent is unclear about the Policy (and other supporting documents and/or policies) operation or effect, enquiries can be forwarded to Triathlon NSW Chief Executive Officer, Adam Wicks (adam.wicks@nsw.triathlon.org.au) or Triathlon ACT CEO, Geoff Bartlett (director@act.triathlon.org.au)

#### **B. ELIGIBILITY**

1. Only athletes qualified according to the terms of this Section B will be eligible for selection as a member of the relevant Programs being:- the U23, ETS, RASi, TACTTA and ROSTA.

#### An athlete must:

- a. maintain annual membership with Triathlon Australia;
- b. be in good standing with TNSW / TACT;
- c. permanently reside in New South Wales or the ACT (or temporarily moved to reside on campus at a University in a border State);
- d. where being considered for the ROSTA, not be eligible to apply in a Regional Academy of Sport (RASi) or TACTA program due to their geographic location of permanent residence (which may be a boarding).

- e. where being considered for the TACTA, not be eligible to apply in a Regional Academy of Sport (RASi) or ROSTA due to their geographic location of permanent residence being in NSW.
- f. agree to and sign the 2021/2022 Athlete Agreement upon selection in the pathway;
- g. if under 18, parents &/or guardians agree to and sign the 2021/2022 Parent Agreement upon selection in the pathway;
- h. agree to the completion of the relevant Athlete Pre-screening Questionnaire, Pre-participation evaluation and any other relevant athlete profiling screenings requested by Triathlon NSW.

For the avoidance of doubt, any selected member or parent/ legal guardian (if U18) of the Pathway not willing to sign the 2021/2022 TNSW / TACT Athlete Agreement will be excluded from the Program.

2. TNSW / TACT pathway specific eligibility criteria.

#### For an athlete:

- a. To be eligible for selection in the Rest of State Talent Academy (ROSTA) or RASi programs for 2021-2022, athletes must be between 13 and 17 years of age as at 31 December 2022 (i.e. born in years 2009, 2008, 2007, 2006 or 2005).
- To be eligible for selection in the TACT Talent Academy (TACTTA) program for 2021-2022, athletes must be between 13 and 17 years of age as at 31 December 2022 (i.e. born in years 2009, 2008, 2007, 2006 or 2005).
- c. To be eligible for selection in the Rest of State Talent Academy (ROSTA) for 2021-2022, athletes must not be eligible for a Regional Academy of Sports program or TACTTA based in their geographic location of permanent residence (which may be a boarding school at the time of application).
- d. To be eligible for selection in the ETS for 2021-2022, athletes must be between 16 and 19 years of age as at 31 December 2022 (i.e. born in years 2006, 2005, 2004, 2003).
- e. To be eligible for selection in the U23 Squad for 2021-2022, athletes must be between 18 and 23 years of age as at 31 December 2022 (i.e. born in years 2004, 2003, 2002, 2001, 2000, 1999).
- f. To be eligible for selection athletes must be (or will work to become) draft legally endorsed through the Triathlon Australia draft legal endorsement process and will subsequently have one of the following membership categories once endorsed; Youth Draft Legal for 14 year old's as per TA membership year (31 December 2021/22)

Junior Draft Legal for 15 – 18 year old's as per TA membership year (31 December 2021/22)

Pro Development U23 Licence as per TA membership year (31 December 2021/22)

- g. Must be a member of Triathlon Australia at the time they accept their position in any part of the pathway and maintain financial membership in order to remain part of the Pathway.
- h. Athletes must complete the relevant online nomination form no later than the date noted in Section D. TNSW / TACT may accept an application after this time in their absolute discretion.
- i. Must pay the 'Athlete Levy' as invoiced by TNSW or TACT.

#### C. SELECTION PROCESS

#### 1. Number of Squad positions:

- a. The selection committee may select a minimum of twenty (20) athletes and a maximum of thirty (30) athletes in the ROSTA.
- b. The selection committee may select a minimum of twelve (12) athletes and a maximum of thirty (30) athletes in the ETS, with a minimum of 4 (four) spots allocated to ACT based athletes.
- c. The selection committee may select a minimum of twelve (12) athletes and a maximum of eighteen (18) athletes in the U23, with a minimum of two (2) spots allocated to ACT based athletes.
- d. RASi minimum and maximum numbers will be dependent upon each RASi budget and policy requirements;
- e. The selection committee may select a minimum of six (6) athletes and a maximum of twelve (12) athletes in the TACTA.
- f. This policy does not require TNSW /TACT to select the maximum number of athletes to the Program. Final Pathway numbers and selection decisions are at the absolute discretion of the Selection Committee as set out in this Policy.

#### 2. Athletes can only be selected via the following:

Automatic selection;

Discretionary selection; or

Talent Transfer during the course of the season.

#### 3. Automatic Selection

- a. An athlete can qualify for automatic selection to the ROSTA, TACTTA or RASi programs through performance inclusive of;
  - Top 10 result at a Youth Australian Triathlon Series individual event in 2020/2021 (Devonport and Central Coast);
  - Podium result at a Youth or Junior Australian Triathlon Series Mixed Relay Championships in 2021 (Devonport for Junior and Central Coast for Youth) where the individual was one of the four participating team members;
  - Selected as a member (including a reserve) of the Property Development Insights No. 1 Youth or Junior Teams in the 2020/21 season;
  - Had the fastest run time in their respective event at the Youth or Junior Australia Triathlon Series Individual Championships;
  - Top 10 in the overall Youth point score in the NSW Billigence Pathway Championship Series in 2020/21 season;
  - Podium result at the 2020 TNSW Super Sprint race weekend (Orange) in the Youth or Junior Category;
- b. An athlete can qualify for automatic selection to the ETS through performance in the following;
  - Selected in the Australian Junior Team for the 2021 World Triathlon Junior World Championships;
  - Top 10 result in the 2021 Junior Australian Triathlon Championships individual event (Devonport).
  - Won the 2021 Youth Australian Triathlon Championships Individual event (Central Coast).
  - Podium result in the 2021 Junior Australian Triathlon Mixed Relay Championships (Devonport) where the individual was one of the four participating team members;
  - Selected as a member (including a reserve) of the Property Development Insights No. 1 Junior Team in the 2020/21 season;
  - Had the fastest run time in their respective leg of the Junior Australian Triathlon Mixed Relay Championships;
  - Had the fastest run time in their event at the Junior Australian Triathlon Series Individual Championships;
  - Podium in the overall point score in the NSW Billigence Pathway Championship Series in 2020/21 season;
  - Accumulated Triathlon World ranking points as published by World Triathlon as at 1 July 2021.

- Podium result at the 2020 TNSW Super Sprint race weekend (Orange) in the World Triathlon Junior Category (must have made A final for males or A or B final for females);
- c. An athlete can qualify for automatic selection to the U23 through performance in the following;
  - Selected in the Australian U23 Team for the 2021 WT U23 World Championships;
  - Won the 2021 WT Junior Australian Championships (Devonport);
  - Podium in the 2021 U23 Australian Triathlon Sprint Championships (Devonport).
  - Top 10 result overall in the 2021 Australian Elite Triathlon Standard Distance Championships (Mooloolaba).
  - Top 10 result overall in the 2021 Oceania Elite Triathlon Standard Distance Championships (Cairns).
  - Ranked in Top 300 on accumulated World ranking Points as published by World Triathlon as at 1 July 2021.
  - Podium in a Mixed Relay at the Australian Elite MR Championships.
  - Had the fastest run time in their respective leg in the Australia Triathlon Series Mixed Relay Championships;
  - Had the fastest run time in their event in the Elite Australian or Oceania Sprint Standard Individual Championships;

#### 4. Discretionary Selection

- a. The Selection Committee may select remaining positions in the RASi, ROSTA, TACTTA, ETS and U23 following the allocation of any automatic positions under Section C above. This discretion is absolute, and it need not be exercised.
- b. In exercising its discretion in selecting remaining positions in the Pathway, the Selection Committee can consider any other matters it deems relevant for consideration including (but not limited by) the following attributes provided as directives from the Triathlon Australia High Performance Program and included in Appendix A Discretionary Selection Information.

The above can be demonstrated through:

- i. Other individual or team sports;
- ii. Alternative multisport events;
- iii. Performances and conduct at TNSW / TACT Talent ID or Talent Transfer Camps/Clinics or organised Selection Camps held;
- iv. A para-athlete whom may demonstrate a level of competency and talent taking into account but not limited to the above attributes.
- c. The Selection Committee does not have to fill all positions in the Pathway.
- d. The Selection Committee will advise the Triathlon NSW Board of the selected athletes.

#### 5. Talent Transfer Selection.

Athletes may apply or be invited within the Pathway as a Talent Transfer athlete into either the ROSTA, TACTTA, RASi, ETS or U23 Squads.

A Talent Transfer athlete is not a current active Triathlon participant (3 or less sanctioned Triathlon events) and may be invited or accepted for one or more Program initiatives in addition to the minimum number of automatic and discretionary selected positions within the program;

A Maximum of up to five (5) Talent Transfer spots remain open in each squad for the above purpose.

#### D. SQUAD MEMBERSHIP CONDITIONAL

- 1. All athletes selected in the Program under this Policy are expected to maintain a level of fitness commensurate with the level of competition they will be required to race at.
- 2. Any athlete selected who fails to meet the above obligation may at the discretion of Triathlon NSW, Triathlon ACT or the RASi be removed from the Program.

### E. TIMELINE OF SELECTION (ETS & U23)

| Date                | Process  |
|---------------------|--|
| 08/07/2021          | Nominations online open for all both programs        |
| 2 <b>9</b> /07/2021 | Online nominations close (5 pm)                      |
| 5/08/2021           | Provisional Squad announced and Appeals Open (1 day) |
| 6/08/2021           | Appeals Close (1 day later)                          |
| 12/08/2021          | Final Squad selection (announced via TNSW website)   |

## F. TIMELINE OF SELECTION (RASI, TACTTA, ROSTA)

| Date       | Process   |
|------------|---|
| 01/08/2021 | Nominations online open for all RASi and ROSTA programs |
| 15/08/2021 | Online nominations close (5 pm)                         |
| 17/08/2021 | Provisional Squad announced and Appeals Open (1 day)    |
| 18/08/2021 | Appeals Close (1 day later)                             |
| 23/08/2021 | Final Squad selection (announced via TNSW website)      |

#### G. **FUNDING**

There are costs associated with participation in all events, camps or clinics which are to be covered by the athlete. Although TNSW/TACT invests significantly into the program by way of subsidises to ensure that the price is kept to a minimum.

TNSW/TACT is mindful of minimising costs and will always attempt to ensure prices remain as low as possible.

#### H. APPEAL PROCESS

- 1. An eligible athlete who fails to be selected for the Squad under the process and criteria set out in this policy may appeal against omission from the Squad as set out in this section.
  - i. The sole ground of any appeal is that the Athlete's omission from the Squad was as a result of a failure by TNSW/TACT to properly follow the process set out in this policy.
  - ii. Any Appeal under this clause will proceed in accordance with the procedure set out in 'TNSW/TACT Development Squad Appeal' document.
- Any eligible athlete wishing to appeal their omission from the Squad must be made in writing to the TNSW and TACT CEO by 5:00pm on the second working day following the announcement of the Squad. It must be accompanied by a \$100 fee which will be refunded if the appeal is successful.
- The Appeal will be forwarded to the TNSW/TACT Appeals Committee who will review the appeal on its merits within 7 days. The athlete will receive a written response from Triathlon NSW.
- 4. This decision of the Appeals Committee is final.
- 5. RASi may choose not to have an appeals process and therefore advertised selections will be deemed final.

#### I. INTERPRETATION

In this Selection Policy the following words and phrases have the following meanings:

**Automatic Selection** – the process of choosing athletes for nomination by reason of race performance across various events in season 2020/21 season as described in Section C.

**TNSW/TACT Selection Committee (SC)** – TNSW/TACT Selection Committee comprising of a Chair who is either the TNSW/TACT CEO, and up to three members appointed by TNSW/TACT from time to time. The TNSW/TACT Pathway Manager is not a selector. A separate Selection Committee for each RASi will operate as appointed by the RASi.

All members are chosen due to their knowledge of the sport, significant experience and independence in this process.

**Discretionary Selection** – the process of choosing athletes for selection at the discretion of the Selection Committee as described in Section C, subsection 4.

**Pathway** – TNSW/TACT U23 Development Squad, TNSW/TACT Emerging Talent Squad, Regional Academy of Sport Program Inc. and Rest of State Talent Academy, Triathlon ACT Talent Academy (TACTTA)

**Talent Transfer:** is not a current active Triathlon participant (3 or less sanctioned Triathlon events) and who has not previously competed in the sport at a State or National level apart from School participation.

# Appendix A – Discretionary Selection Information.

| Squads  | Health   | Physiology   | Technical skills  | Race<br>Intelligence   | Mental Skills   | What it takes<br>to Win   |
|---------|--|--|---|--|---|---|
| U23 Dev | Age Appropriate Training Loads, low injury rates, consistent training history, Nutrition habits meeting energy needs                                   | Potential to develop endurance and critical speed profiles within age appropriate training loads. High Vo2max, potential to increase loads as a Senior athlete | Sound movement patterns and general motor skills with an ability to make mechanical change easily. Proficient technical competence in at least 1 discipline at World Class level. | Read a race, plan, adapt and deploy race strategy. Manage pacing & use mental and physical strengths to influence race. Understand risk v reward, employ reflective practices. | Perseverance and Passion for long term goals despite challenges. Possess coping strategies, resilience and grit. Ability to learn, plan, reflect and make positive change. Hold selfaccountability and competitiveness. | Perform at or above expectation when it matters. Uses anxiety to enhance performance. Remains composed. Regulates emotions. |
| ETS     | Age-<br>Appropriate<br>Training<br>Loads, low<br>injury history,<br>consistent<br>training<br>history,<br>Nutrition<br>habits meeting<br>energy needs. | Potential to develop critical speed profiles within ageappropriate training loads.   | Sound movement patterns and general motor skills with an ability to make mechanical change. Proficient technical competence in at least 1 discipline.                             | Read a race, plan, adapt and deploy race strategy. Manage pacing Understand risk v reward, employ reflective practices to learn.   | Perseverance and Passion for long term goals despite challenges. Possess some coping strategies, resilience and grit. Ability to learn, reflect and make positive change. Hold selfaccountability and competitiveness.  | Uses anxiety<br>to enhance<br>performance.<br>Remains<br>composed.<br>Regulates<br>emotions.                                |

| RASI,<br>ROSTA,<br>TACTTA | Age Appropriate Training Loads, low injury rates, consistent training history, healthy Nutrition habits | Potential to develop critical speed profiles within age appropriate training loads. | Sound movement patterns and general motor skills. Proficient technical competence in at least 1 discipline. | Read a race & adapt. Manage pacing . Understand risk v reward, employ reflective practices to learn. | Perseverance *passion to achieve goals despite challenges. Possess some coping strategies, resilience and grit. Appetite for learning & reflection to make positive change. Holds themselves accountable and competitiveness. | Attempts to use anxiety to enhance performance. Recognises emotions and stays relatively composed. |
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TNSW/TACT Ltd Issued: June 2021