

HIGH PERFORMANCE STRATEGY 2024+

The Triathlon Australia High Performance Strategy 2024+ is aligned with Triathlon's Strategic Plan I Respond, Recover, Thrive 2021 – 2025 and along with the longer horizon, Performance Pathway Strategy 2021 – 2032, it outlines how triathlon will deliver on strategic priority #2, Winning When it Matters.

PROGRAM VISION

A world leading program consistently delivering medals to inspire the nation and deliver on Triathlon Australia's Purpose.

PROGRAM MISSION

Performance driven, athlete focused, optimised and supported programs.

BACKHOUSE

WINNING WHEN IT MATTERS

WHAT IT TAKES TO WIN

Pathway and Identification

Identify, develop and transition potential high performance triathletes into the triathlon High Performance program.

National High Performance Strategy

Guide Triathlon Australia's High Performance investment and activities for all major games in the Paris 2024 and Los Angeles 2028 Olympic and Paralympic Games Cycle.

WINNING WHEN IT MATTERS

PROOF POINTS

- 1. A consistently delivered talent development system underpinned by the 'what it takes to win' modelling and evidence.
- 2. An evidence-based national High Performance system in place, which aligns with the 'what it takes to win' modelling and evidence.
- 3. Achievement of pinnacle event performance targets (Olympic Games, Paralympic Games, World Championships and Commonwealth Games).



WINNING WHEN IT MATTERS

HIGH PERFORMANCE STRATEGY OVERVIEW

Triathlon Australia's High Performance Strategy aims to build an aligned triathlon performance system from pathways to podium. Focussed on athletes and coaching, our high performance vision and mission will be realised through four strategic pillars, and delivered over three Games cycles to Brisbane 2032.

NATIONAL HIGH PERFORMANCE STRATEGY 2024+

PATHWAY & IDENTIFICATION

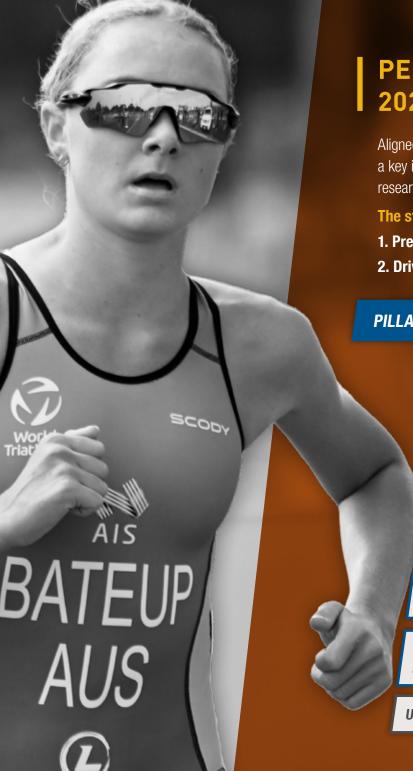
PILLARS

DELIVER WORLD CLASS DAILY TRAINING ENVIRONMENTS AND COACHING (INCLUDING THE TA PODIUM CENTRE) ESTABLISH AND COMMUNICATE
EVIDENCE-BASED
PERFORMANCE PATHWAYS
PARTNERSHIPS

PERFORMANCE PATHWAY STRATEGY 2021-2032

STATE / TERRITORY DEVELOPMENT PROGRAMS

PRIORITISE WELLBEING, HEALTH AND PERFORMANCE ON THE DAY BUILD SUSTAINABLE
PERFORMANCE CULTURE
THROUGH COMPELLING
LEADERSHIP AND INNOVATION



PERFORMANCE PATHWAY STRATEGY 2021 - 2032

Aligned with the High Performance Strategy 2024+, Triathlon Australia's Performance Pathway Strategy 2021- 2032 forms a key initiative/pillar within the TA strategic priority of "Winning When it Matters" and is guided by the key principles of; research, evidence-base, sustainability, partnerships, and a focus on coaching, aspiration and innovation.

The strategy has two primary goals:

- 1. Prepare athletes to win when it matters
- 2. Drive sustained medal success across multiple cycles

PILLARS

Performance Centres:

In partnership with the National Institute Network (NIN). establish world class, coach-led Performance 'Base Camps' in key talent hotspots to develop Olympic and Paralympic triathletes ready to win when it matters.

Develop a world class approach to Talent ID and Development, informed by 'What It Takes to Win', coach insights and further research.

Talent ID and Development:

Competition: Deliberately focus on and create opportunities for Mixed Relay, Super Sprint and emerging Para Triathlon disciplines for all development and High

In partnership with

Paralympics Australia and the

NIN. establish a Performance

Hub to drive development and

success within Para Triathlon.

Para Triathlon Hub: **Talent Transfer:**

In partnership with the NIN, establish a world class. coach-led Talent Transfer centre which focuses on transitioning single-discipline athletes to podium triathletes.

Performance Pathway athletes.

Coaching and **Coach Development:** Identify coaches of the future and evolve a world class approach to developing coaching.

World Class System and Partnerships: Foster relationships with key system partners to deliver on the Performance Pathways Strategy vision, and ensure effective leadership, connection, learning and collaboration.

Underpinned by State / Territory Development Programs

