Technical Officials

| TOT | SAT | SUN | First Name | Last Name | Availability | Email | Mobile | Saturday Primary Role | Saturday Secondary Role | Sunday Primary Role | $\begin{array}{\|c} \text { Sunday } \\ \text { Secondary Role } \end{array}$ | Accom | $\begin{gathered} \text { Dinner } \\ \text { Sat } \\ \text { Night } \end{gathered}$ | Comments |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 1 | 1 | Mike | Alpha | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Technical Delegate | NA | Technical Delegate | NA | YES | 1 |  |
| 2 | 2 | 2 | Lyndell | Catch | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Race Referee | NA | Race Referee | Elite Bike 1 |  |  |  |
| 3 | 3 | 3 | Kelly | Who | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Assistant Race Referee | NA | Assistant Race Referee | Elite Bike 2 | YES | 1 |  |
| 4 | 4 | 4 | Sue | Sydney | вотн DAYS | awesometeam@triathon.com.au | 0404040444 | Chief Race Official | NA | Chief Race Official | Elite Bike 3 | YES | 1 |  |
| 5 |  | 5 | Andrew | Apple | SUNDAY | awesometeam@triathon.com.au | 0404040444 | NA | NA | Assist Transition 3 | NA |  |  | Needs to leave early on Sunday |
| 6 |  | 6 | Andrew | Peach | SUNDAY | awesometeam@triathon.com.au | 0404040444 | NA | NA | Assist Bike 5 (Age Group) | NA | YES | 1 |  |
| 7 | 5 | 7 | Anne | Pear | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check-In 9am-1.00pm | NA | Assist Bike Age 12 | NA |  |  |  |
| 8 | 6 | 8 | Brian | Orange | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check ln 12.30-4.30pm | NA | Assist Teams 1 | NA | YES | 1 | Not on the bike |
| 9 |  | 9 | Bronwyn | Mint | SUNDAY | awesometeam@triathon.com.au | 0404040444 | NA | NA | Chief Transition | NA |  |  |  |
| 10 | 7 | 10 | Cameron | Bird | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check In 12.30-4.30PM | NA | Assist Bike 7 (Age Group) | NA | YES (Sat) |  | Not available till 11am Sat |
| 11 |  | 11 | Clare | Feather | SUNDAY | awesometeam@triathon.com.au | 0404040444 | NA | NA | Assist Bike Age 11 | NA | YES | 1 |  |
| 12 |  | 12 | Darron | Spoon | SUNDAY | awesometeam@triathon.com.au | 0404040444 | NA | NA | Transition | NA |  |  |  |
| 13 | 8 |  | Daryl | Knife | SATURDAY | awesometeam@triathon.com.au | 0404040444 | Bike Check In 9.00-1.00pm | NA | NA | NA |  |  |  |
| 14 | 9 | 13 | lan | Fork | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check In 12.30-4.30PM | NA | Assist Bike 8 (Age Group) | NA | YES | 1 |  |
| 15 | 10 | 14 | John | Door | вотн DAYS | awesometeam@triathon.com.au | 0404040444 | Super Kids Race Referee | Bike Check ln 12.30-4.30pm | Chief Swim | Finish Line | YES | 1 | Not on the bike |
| 16 | 11 | 15 | John | Wall | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check In 9.00-1.00pm | NA | Assistant Swim | Finish Line |  | 1 |  |
| 17 | 12 | 16 | Lisa | Clock | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check-In 9am-1.00pm | NA | Chief Teams Transition | NA | YES |  | Not on the bike |
| 18 | 13 | 17 | Luke | Board | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check-In 9am-1.00pm | NA | Assist Bike 9 (Age Group) | NA | YES | 1 |  |
| 19 | 14 |  | Melissa | Picture | SATURDAY | awesometeam@triathon.com.au | 0404040444 | Super Kids TO | NA | NA | NA |  |  | KIDS RACE only |
| 20 | 15 | 18 | Michael | Folder | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Team Leader AM Bike Check-ln 9am-1.00pm | NA | Chief Bike - Elite 4 | NA | YES | 1 |  |
| 21 |  | 19 | Nick | Book | SUNDAY | awesometeam@triathon.com.au | 0404040444 | NA | NA | Assist Bike 6 (Age Group) | NA |  |  |  |
| 22 | 16 |  | Oscar | Yellow | SATURDAY | awesometeam@triathon.com.au | 0404040444 | Bike Check-In 9am-1.00pm | NA | NA | NA |  |  |  |
| 23 | 17 |  | Paul | Pink | SATURDAY | awesometeam@triathon.com.au | 0404040444 | Super Kids TO | NA | NA | NA |  |  | KIDS RACE only |
| 24 | 18 |  | Robert | Green | SATURDAY | awesometeam@triathon.com.au | 0404040444 | Super Kids TO | Team Leader PM Bike Check In 12.30-4.30PM | NA | NA |  |  |  |
| 25 | 19 |  | Robert | Left | SATURDAY | awesometeam@triathon.com.au | 0404040444 | Super Kids TO | Bike Check ln 12.30-4.30PM | NA | NA |  |  |  |
| 26 | 20 | 20 | Stacey | Right | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check In 12.30-4.30PM | NA | Penalty Box 1 | NA | YES | 1 |  |
| 27 |  | 21 | Suzette | Patrol | SUNDAY | awesometeam@triathon.com.au | 0404040444 | NA | NA | Assist Bike 10 (Age Group) | NA |  |  | MotorBike |
| 28 | 21 | 22 | Tania | Nissan | BOTH DAYS | awesometeam@triathon.com.au | 0404040444 | Bike Check In 12.30-4.30PM | NA | Penalty Box 2 | NA | YES | 1 | Field of Play Assessment |

282122 TOTALS

MULTI SPORT FESTIVAL

## Role Assignments Saturday

| First Name | Last Name | Role | Mobile |
| :--- | :--- | :---: | :---: |
| Mike | Superman | Technical Delegate | 0404040444 |
| Lyndell | Superwoman | Race Referee | 0404040444 |
| Kelly | Supermum | Assistant Race Referee | 0404040444 |
| Sue | Superchild | Chief Race Official | 0404040444 |


| Coates Hire Super Kids |  |  |  |
| :---: | :---: | :---: | :---: |
| John | Hero | Super Kids Race Referee | 0404040444 |
| Brian | Hero |  | 0404040444 |
| Melissa | Hero |  | 0404040444 |
| Paul | Hero |  | 0404040444 |
| Robert | Hero |  | 0404040444 |
| Robert | Hero |  |  |
| Bike Check In 9.00am - 1.00pm |  |  |  |
| Michael | Hero | AM Team Leader | 0404040444 |
| Lisa | Hero |  | 0404040444 |
| Luke | Hero |  | 0404040444 |
| John | Hero |  | 0404040444 |
| Anne | Hero |  | 0404040444 |
| Oscar | Hero |  | 0404040444 |
| Daryl | Hero |  | 0404040444 |
| Bike Check In 12.30-4.30pm |  |  |  |
| Robert | Hero | PM Team Leader | 0404040444 |
| Brian | Hero |  | 0404040444 |
| Ian | Hero |  | 0404040444 |
| Cameron | Hero |  | 0404040444 |
| Tania | Hero |  | 0404040444 |
| Stacey | Hero |  | 0404040444 |
| John | Hero |  | 0404040444 |
| Robert | Hero |  | 0404040444 |
| Andrew | Hero |  | 0404040444 |

## Role Assignments <br> Sunday

| Role | Name | Mobile Contact |
| :---: | :---: | :---: |
| Technical Delegate | Superman | 0404040444 |
| Race Referee | Batman | 0404040444 |
| Assistant Race Referee | Robin | 0404040444 |
| Chief Race Official | Superwoman | 0404040444 |


| Chief Swim \| Finish Line | Minion | $\mathbf{0 4 0 4 0 4 0 4 4 4}$ |
| :---: | :---: | :---: |
| Assistant Swim \| Finish Line | Minion | 0404040444 |


| Chief Transition | Cherub | $\mathbf{0 4 0 4 0 4 0 4 4 4}$ |
| :---: | :---: | :---: |
| Assist Transition 2 | Cherub | 0404040444 |
| Assist Transition 3 | Cherub | 0404040444 |
| Chief Teams | Cherub | 0404040444 |
| Assist Teams 1 | Cherub | 0404040444 |
| Chief Bike | Michael Wise | $\mathbf{0 4 0 4 0 4 0 4 4 4}$ |
| Elite Men Bike 1 | Indian | 0404040444 |
| Elite Men Bike 2 | Indian | 0404040444 |
| Elite Women Bike 3 | Indian | 0404040444 |
| Elite Women Bike 4 | Indian | 0404040444 |
| Bike 5 - Age Group | Indian | 0404040444 |
| Bike 6-Age Group | Indian | 0404040444 |
| Bike 7-Age Group | Indian | 0404040444 |
| Bike 8-Age Group | Indian | 0404040444 |
| Bike 9-Age Group | Indian | 0404040444 |
| Bike 10 - Age Group | Indian | 0404040444 |
| Bike 11 - Age Group | Indian | 0404040444 |
| Bike 12 - Age Group | Indian | 0404040444 |
| Penalty Box 1 Noosa Cooroy Road | Indian | 0404040444 |
| Turnaround | Penalty Box 2 Noosa Parade Bus |  |
| Stop | Indian | 0404040444 |

## Technical Officials Run Sheet

| Day | Time | Action | Location | Role | Name |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Friday 30th October | 12 Noon | Briefing with Race Director | Noosa Heads SLSC, Training Room | Technical Delegate (TD) | That guy |
|  |  |  |  | Race Referee (RR) | That girl |
|  | 12.30pm | Pro Athlete Briefing |  | Assistant Race Referee (Ass RR) | That girl |
|  |  |  |  | Chief Race Official (CRO) | That girl |


| Saturday 31st November | 5.45am | Technical Official briefing and allocations by Super Kids Race Referee | Chaplin Park, near the Noosa Yacht \& Rowing Club, Noosaville | Super Kids Race Referee | That guy |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | CRO | That girl |
|  |  |  |  |  | That guy |
|  |  |  |  |  | That guy |
|  |  |  |  |  | That guy |
|  |  |  |  |  | That guy |
|  |  |  |  |  | That guy |
|  | 6.00am | Super Kids and Noosa Special Triathlon Transition Opens |  |  |  |
|  | 7.00am | Check water Temperature - To be posted by 11.00am | Noticeboards | Technical Delegate | That guy |
|  | 7.15am | Super Kids and Noosa Special Triathlon Transition closes | Chaplin Park | Super Kids Race Referee | That guy |
|  | 7.30am | Super Kids Race Start |  |  |  |
|  | After Super Kids Finish | Tingirana Noosa Special Triathlon Race Start |  |  |  |
|  | Approx. 9.30am | All technical officials allocated to Super Kids to complete shift after the last competitor finishes. Super Kids de-brief. | Chaplin Park | Super Kids Race Referee | That guy |
|  | 8.00am | Senior Technical Team (STT) - Meeting | Transition - Noosa Heads Lions Park, Noosa Parade, Noosa Heads | TD | That guy |
|  |  |  |  | RR | That girl |
|  |  |  |  | Assist RR | That girl |
|  |  |  |  | CRO | That girl |
|  | 8.30am | Final check of transition by STT | Transition | TD | That guy |
|  |  |  |  | RR | That girl |
|  |  |  |  | Asst RR | That girl |
|  |  |  |  | CRO | That girl |
|  | 9.00am | Technical Briefing to AM bike check-in team | Transition | CRO | That girl |
|  | AM Shift Bike Check-In- 9am to 1.00pm |  |  | Team Leader AM Shift | What guy |
|  |  |  |  |  | What guy |
|  |  |  |  |  | What guy |
|  |  |  |  |  | What guy |
|  |  |  |  |  | What guy |
|  |  |  |  |  | What guy |
|  |  |  |  |  | What guy |
|  | 9.30am - 9.45am | Priority Bike Racking (Noosa Triathlon Legends Club) |  |  |  |
|  | 10.00am | Transition Opens for Bike Check-In |  |  |  |
|  | 12.30pm | Brief PM TO bike check-in team | Transition | CRO | That girl |
|  | PM Shift Bike Check-In 12.30pm - 4.30pm |  |  | Team Leader PM Shift | That guy |
|  |  |  |  | That other guy |
|  |  |  |  | That other guy |
|  |  |  |  | That other guy |
|  |  |  |  | That other guy |
|  |  |  |  | That other guy |
|  |  |  |  | That other guy |
|  |  |  |  | That other guy |
|  |  |  |  | That other guy |
|  | 1.00pm | AM Bike check in team shift ends |  |  | CRO | That girl |
|  | 3.20pm | Noosa Legends Triathlon Start - Noosa Parade, Noosa Heads |  |  |  |
|  | 4.30 pm | PM bike check-in shift end | Transition |  | CRO | That girl |
|  | 4.30pm | Final check of transition. Handover to security. | Transition |  | TD | The Man |
|  |  |  |  |  | CRO | That girl |
|  | 5.00pm | Chiefs meeting with STT - Location TBA |  |  | Technical Delegate (TD) | The Man |
|  |  |  |  | Race Referee (RR) | The Woman |
|  |  |  |  | Assistant Race Referee (Ass RR) | The other Woman |
|  |  |  |  | Chief Race Official (CRO) | That girl |
|  |  |  |  | Chief Swim | The other guy |
|  |  |  |  | Chief Transition | The other girl |
|  |  |  |  | Chief Bike | The other guy |
|  | 7.00pm | Late bike check in | Transition |  | TD | The man |
|  | 7.00pm | Team Dinner | Sogo's Pub - 5 Sunshine Beach Road, Noosa Heads 54553344 |  | All Invited |  |

## Technical Officials Run Sheet

| Day | Time | Action | Location | Role | Name |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 4.30am | BRIEFING in transition for Race Briefing, Radio Allocations, Vests etc |  | Entire Technical Team |  |
|  | 4.40am | Final water temperature taken and posted | Noticeboards | TD | The man |
|  | 4.45am | Transition open for athlete helmet checks. Bike mechanics on hand | Transition | CRO | The girl |
|  |  |  |  | Chief Transition | The woman |
|  |  |  |  | ALL TO's including Bike TO's |  |
|  | 5.00am | Radio Checks |  | CRO | The girl |
|  | 5.30am | Make own way to Penalty Box 1. Phone CRO on arrival and confirm set up. | Noosa - Cooroy Turnaround | Penalty Box 1 | Wonder Woman |
|  | 5.30am | Final check of swim course | Noosa Main Beach | RR | Wonder Woman |
|  |  |  |  | Asst RR | Wonder Woman |
|  |  |  |  | TD | Wonder Woman |
|  |  |  |  | Chief Swim | Wonder Woman |
|  |  |  |  | Assistant Swim | Wonder Woman |
|  | 5.30am | Arrival time of motor bikes. Briefing of Motor bike riders by Chief Bike | Near Dismount Line | Chief Bike | Wonder Woman |
|  | 5.50am | Make way to TO Motorbike area (Near Dismount Line - Motorbike to transport you to Penalty Box 2 - Phone CRO to confirm Penalty | Bus Stop on Noosa Parade | Penalty Box 2 | Wonder Woman |
|  | By 6am | Final check of bike course |  | Chief Bike | Wonder Woman |
|  | 6.00am | Transition closes to all individual athletes | Transition | Chief Transition | Wonder Woman |
|  | 6.05 am After transition is closed | TO's on Motorbikes to move to Motorbike Briefing area with Helmets | Near Dismount Line | Assist Bike No 5 (Age Group) | Wonder Woman |
|  |  |  |  | Assist Bike No 6 (Age Group) | Wonder Woman |
|  |  |  |  | Assist Bike No 7 (Age Group) | Wonder Woman |
|  |  |  |  | Assist Bike No 8 (Age Group) | Wonder Woman |
|  |  |  |  | Assist Bike No 9 (Age Group) | Wonder Woman |
|  |  |  |  | Assist Bike No 10 (Age Group) | Wonder Woman |
|  |  |  |  | Assist Bike No 11 (Age Group) | Wonder Woman |
|  |  |  |  | Assist Bike No 12 (Age Group) | Wonder Woman |
|  | 6.10am | Motorbike Briefing | Near Dismount Line | Chief Bike | Wonder kids on bikes |
|  | 6.10am | RADIO SILENCE till Start |  |  |  |
|  | 6.15am | Start for Elite Athletes followed by age groups | Swim Start | Race Referee | That girl |
|  |  |  |  | Asst RR | Wonderwoman |
|  |  |  |  | TD | Superman |
|  |  |  |  | Chief Swim | Super human |
|  |  |  |  | Assistant Swim | Super human |
|  | 6.32am Approx | 1st Elite Male out of the water |  |  |  |
|  | 7.30am | Any Elite penalties to be sent by SMS to CRO$0404255603$ |  | Chief Bike | The guy |
|  |  |  |  | Penalty Box 2 | The girl |
|  |  |  |  | Penalty Box 1 | You know who |
|  | 7.30am Approx | 1st Elite Male off the bike |  |  |  |
|  | 8.00am Approx |  |  |  |  |
|  | 9.04am |  |  |  |  |
|  | 9.14am | First wave of Teams start | Swim Start | Chief Swim | Man called John |
|  | 9.25am | Team Transition to be clear for swimmers to come through | Teams Transition | Chief Teams Transition | Woman called Lisa |
|  | 10.26am | Swim course cut off. Any remaining team cyclists to be sent on course. | Teams Transition | Chief Teams Transition | Woman called Lisa |
|  | 11.05am | Bike course early turnaround for slow riders. Riders at top of Gyndier Dr will be directed down Noosa - Cooroy Rd back to Noosa. | Top of Gyndier Drive | Chief Bike | The guy |
|  | 11.30am | All Bike course paperwork must be back with CRO by 11.30am | Transition | Chief Bike | The guy |
|  | 12.15pm | Bike course cut off. Any remaining team runners to be sent on course. | Bike course | Chief Teams Transition | Woman called Lisa |
|  | 1.15 pm | Run course closes, runners moved to footpath | Run Course |  |  |
|  | TBA | Debrief | Transition | Entire Technical Team including Motor Bike Officials |  |

# TECHNICAL VESTS - Sign In | Out 

| First Name | Surname | Sat | Sun | Size | Vest No | Sign Out | Sign In SATURDAY | Sign Out SUNDAY | Sign In SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Lyndell | Catch | 1 | 1 | S |  |  |  |  |  |
| Kelly | Who | 1 | 1 | 2XL |  |  |  |  |  |
| Super Kids |  |  |  |  |  |  |  |  |  |
| Andrew | Apple | 1 | 1 |  |  |  |  |  |  |
| Andrew | Peach | 1 |  |  |  |  |  |  |  |
| Anne | Pear | 1 |  |  |  |  |  |  |  |
| Brian | Orange | 1 |  |  |  |  |  |  |  |
| Bronwyn | Mint | 1 |  |  |  |  |  |  |  |
| Bike Check In 9.00am - 1.00pm |  |  |  |  |  |  |  |  |  |
| Clare | Feather | 1 | 1 |  |  |  |  |  |  |
| Darron | Spoon | 1 | 1 |  |  |  |  |  |  |
| Daryl | Knife | 1 | 1 |  |  |  |  |  |  |
| Ian | Fork | 1 | 1 |  |  |  |  |  |  |
| John | Door | 1 |  |  |  |  |  |  |  |
| John | Wall | 1 |  |  |  |  |  |  |  |
| Bike Check In 12.30-4.30pm |  |  |  |  |  |  |  |  |  |
| Luke | Board | 1 | 1 |  |  |  |  |  |  |
| Melissa | Picture | 1 | 1 |  |  |  |  |  |  |
| Michael | Folder | 1 | 1 |  |  |  |  |  |  |
| Nick | Book | 1 | 1 |  |  |  |  |  |  |
| Sunday |  |  |  |  |  |  |  |  |  |
| Paul | Pink |  | 1 |  |  |  |  |  |  |
| Robert | Green |  | 1 |  |  |  |  |  |  |
| Robert | Left |  | 1 |  |  |  |  |  |  |
| Stacey | Right |  | 1 |  |  |  |  |  |  |
| Suzette | Patrol |  | 1 |  |  |  |  |  |  |
| Tania | Nissan |  | 1 |  |  |  |  |  |  |
|  |  | 17 | 17 |  |  |  |  |  |  |

SUNDAY EQUIP - SIGN OUT \| SIGN IN

|  |  | RADIOS (6) |  |  |  | OTHER |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Name | Role |  | Sign Out | Sign in | Other Items | Sign Out | Sign in |
| Mike | Alpha | Technical Delegate | 1 |  |  | Temperature Gauge |  |  |
| Kelly | Who | Race Referee | 1 |  |  | Motor Bike Helmet |  |  |
| Andrew | Apple | Assist Race Referee | 1 |  |  | Motor Bike Helmet |  |  |
| Anne | Pear | Chief Transition | 1 |  |  | Video Camera |  |  |
| Bronwyn | Mint | Chief Swim | 1 |  |  |  |  |  |
| Clare | Feather | Chief Race Official | 1 |  |  |  |  |  |
| Daryl | Knife |  |  |  |  | Stop Watches, Camera, Clipboard |  |  |
| John | Door |  |  |  |  | Motor Bike Helmet, Stop Watches, Camera, Clipboard |  |  |
| Lisa | Clock |  |  |  |  | Motor Bike Helmet |  |  |
| Luke | Board |  |  |  |  | Motor Bike Helmet |  |  |
| Melissa | Picture |  |  |  |  | Motor Bike Helmet |  |  |
| Michael | Folder |  |  |  |  | Motor Bike Helmet |  |  |
| Nick | Book |  |  |  |  | Motor Bike Helmet |  |  |
| Oscar | Yellow |  |  |  |  | Motor Bike Helmet |  |  |
| Paul | Pink |  |  |  |  | Motor Bike Helmet |  |  |
| Robert | Green |  |  |  |  | Motor Bike Helmet |  |  |
| Robert | Left |  |  |  |  | Motor Bike Helmet |  |  |

## Accommodation

## Nomads Noosa - 44 Noosa Drive, Noosa Qld 4567 <br> Ph : 0754473355

Parking is available but its on a first in basis. I would suggest to park and then walk down to transition. Its about a 10-12 minute walk.
Booking is made under the name of TRIATHLON QLD. Check in - 2 pm and Check Out - 2 pm .

BOOKED for FRIDAY | SATURDAY | SUNDAY Nights.

|  | First Name | Last Name | Email | Mobile | Accommodation |
| :--- | :--- | :--- | :--- | :---: | :---: |
| 1 | Lisa | Clock | awesometeam@triathlon.com.au | 0404040444 | ACCOM Female |
| 2 | Penelope | Board | awesometeam@triathlon.com.au | 0404040444 | ACCOM Female |
| 3 | Melissa | Picture | awesometeam@triathlon.com.au | 0404040444 | ACCOM Female |


| 1 | Nick | Book | awesometeam@triathlon.com.au | 0404040444 | ACCOM Male |
| :--- | :--- | :--- | :--- | :--- | :---: |
| 2 | Oscar | Yellow | awesometeam@triathlon.com.au | 0404040444 | ACCOM Male |
| 3 | Paul | Pink | awesometeam@triathlon.com.au | 0404040444 | ACCOM Male |
| 4 | Robert | Green | awesometeam@triathlon.com.au | 0404040444 | ACCOM Male |
| 5 | Robert | Left | awesometeam@triathlon.com.au | 0404040444 | ACCOM Male |
| 6 | Steve | Right | awesometeam@triathlon.com.au | 0404040444 | ACCOM Male (Sat only) |
| 8 | Jason | Patrol | awesometeam@triathlon.com.au | 0404040444 | ACCOM Male (Sat, Sun) |

## CRO NOTES

| Technical Officials (Requirements $5 \times$ Kids, $12 \times$ Bike Check In, 24 Sunday) |  |  |
| :---: | :---: | :---: |
| Jury | Peter \| Sue | Kelly |  |
| Friday |  |  |
| Check TO Accommodations at Nomads | CRO |  |
| Decals for Motorbikes and Cars | CRO | LOC |
| Diabled Park for TO on Sunday morning | CRO | LOC |
| Volunteers required for Mount and Dismount Line | CRO | LOC |
| Volunteers required for Swim Start | CRO | LOC |
| Lanyards $\times 29$ | CRO | LOC |
| Helmets $\times 11$ | CRO | LOC |
| Lunch Vouchers - 12 Saturday, 24 Sunday | CRO | LOC |
| Gifts from LOC (Total = 28) | CRO | LOC |
| Radios $\times 6$ | CRO | LOC |
| Vests | CRO |  |
| Stop Watches - Penalty Boxes | CRO |  |
| Video Camera for Transition | CRO |  |
| Muffins | CRO |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
| Special Rules for Elites - 12 Metres on Motorbike Draft Zone - 3 Minute Penalty |  |  |
| 7 Metres for all other athletes |  |  |
|  |  |  |
|  |  |  |
| TRANSITION - Protocol for IPODs |  |  |
| Take from them |  |  |
| Take down number |  |  |
| Collect from Info Booth |  |  |

## Teams Transition

The teams transition will be open from 4.45am on Sunday morning, access to the teams transition area will be from the outside of the Individual transition at the southern end of transition. All team swimmers must be at the swim start by 9.00am. Only team cyclists should remain in the team transition from 9.00am. We must ensure teams transition is as clear as possible during race times for the safety of all competitors.

CLEAR TEAMS TRANSITION for the $1^{\text {st }}$ swimmers by 9.25am

All team members must have their ID wristband on to access the transition area, where the team changeover will happen.

A team swimmer must not remove the timing band until within the transition area.

The team cyclist must remain in their position in transition with their bike racked until the swimmer has tagged the cyclist and the cyclist has the timing chip secure around their LEFT ankle.

Once returned to transition the team cyclist must rack their bike before the runner can leave on the run leg. Team runners must wait in the team cyclist's bike rack position.

The runner will wear the timing chip from the time they leave transition until they cross the finish line.

## Teams Race Day Timetable

| 4.45am | Teams Transition Opens |
| :--- | :--- |
| 9.00am | First team swim waves should be at swim start |
| 9.11am | First Team wave start (All Runners must clear transition \& cyclists only to be in <br> transition) |
| 9.25am | Transition clear of all traffic and clear for swimmer to start coming through SWIM EXIT |
| 10.26am | Swim cut off - Any remaining team cyclists need to depart transition |
| 12.15 pm | Cycle cut off - Any remaining team runners need to depart transition |

