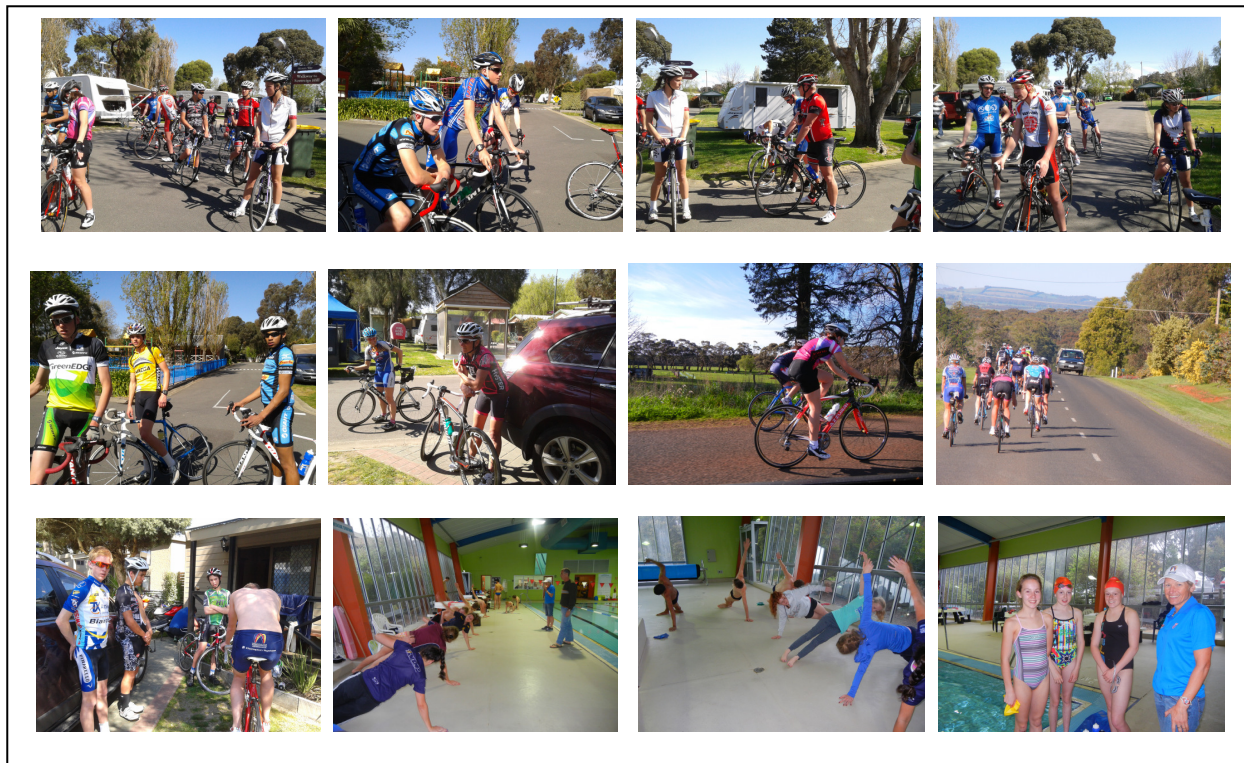




## Ballarat Camp September 2012



*TVDP coaches supported the camp by giving up their time to participate. A very big thank you to:*

*Dave Huggett, Neil Brewster, Jan Rehula VIS, Richard Stewart, Sue Sharples, Chris Brown, Emma Carney, Brian Vernon, Jac Tremayne & Adam Beckworth. Without the effort of coaches these camps couldn't go ahead.*

*Special thanks to Sue Huggett (planning all the meals, accommodation and heaps of running around)*

*The feedback from the athletes was it was one of the best if not the best camp they have attended!*

*The camp was 5 days of triathlon based swim, ride and run training with the camp focussed on skill development and race specifics with a learning experience that will challenge and enhance the athlete's development. Each day was followed by lectures over dinner.*

