



Name: Daniel Coleman

DOB: 23/03/95

Age: 18

Born: Gold Coast

Hometown: Gold Coast

Lives: Gold Coast

Coach: Craig Walton

Sponsors: Compressport, Giant Bicycles, NTA

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Major Achievements

- 1st 2013 Luke Harrop Memorial Triathlon, Gold Coast (QLD)
- 2nd 2013 Australian Youth Triathlon Championships, Sunshine Coast (QLD)
- 5th 2013 OTU Junior Triathlon Championships, Wellington (NZL)
- 1st 2012 World Aquathlon Championships (16-19yrs age), Auckland (NZL)
- 2nd 2012 World Triathlon Championships (16-19yrs age), Auckland (NZL)
- 9th 2012 AUS School Sport Cross Country Championships, Adelaide (SA)
- 17th 2012 ISF World All Schools Cross Country Championships, Malta

2013-14 goals: To be selected into the junior elite triathlon team to race next year in Edmonton. Also to race in a few Domestic and international Continental Cups with a podium finish.

Ultimate goal: To represent Australia at the Olympics and win it as well as win the WTS series that same year.

Personal

Family (Married/single/family members Mum, dad, brothers, sisters):
Single/ Michelle (mum) and Brandon (dad)

Studies/occupation (School/University): Bachelor Exercise Science at Griffith UNI

Something we don't know about you: I am a black belt in Tae Kwon Doe

What I love about Triathlon: The unique experiences that no other sport can offer. Being able to keeps training interesting with the involvement of 3 sports. Why be exceptional at 1 Sport when you can be exceptional at 3.

Outside Triathlon:

Ultimate Relaxation: going to the movies and hanging out with friends

One thing you can't live without: My iPhone and computer_

Activities away from Triathlon: Boundary Umpiring for Senior AFL Queensland

Favourite

Sporting Team/s: Gold Coast Titans

Movies: White Chicks, Fast and Furious

TV Shows: How I Met Your Mother, Big Bang Theory

Bands/Music: Anything that's trending

Food: Italian and Japanese

Drink: Smoothies

Hobbies: Heading down to the beach

Last Book Read: Swim, Bike, Run by Alistair and Jonathon Brownlee

What's your greatest asset: what you see is what you get. I'm true and genuine.

Who has been the biggest influence on your life: My parents have been my main influence from being very supportive. My coach Craig has also been a huge influence on my career and wouldn't be where I am now without him, I have a lot of faith in his coaching.

Have you encountered any obstacles in your career: just the occasional small injury along the way, but nothing too major.

Athlete in Triathlon: Brad Kahlefeldt

Notable Quote: "You can't win unless you learn how to lose."